MAGIA BOTANICA / SILBA

The Sounding

A first sounding

Natasha Kadin · Magia Botanica

A free introduction · English · v1.3 · October 2026

When the old structure becomes too small

There is a point when the work still functions, but the life around it has become too narrow. You can keep producing. You can keep answering. What you cannot easily find is room for the thing that now wants to begin.

The question may sound practical: what do I stop, what do I keep, what should I charge, whom do I trust with part of the work? It also carries history, desire, fear and responsibility. A plan that ignores those things can look sensible and remain unused.

The Sounding brings symbolic reading and practical strategy into one written process. It asks what the interpretation means for the calendar, the money, the body and the next conversation.

This short guide introduces that process. You can use its questions on your own. It is not a personalised report, chart reading or consultation. The full reader develops the sources, nine working layers, ethical boundaries, a planning example and reusable working pages.

Begin with something real. Write: “The decision I need to make is …” Give it a date. You do not need to know the answer yet.

What a sounding can offer

The name comes from lowering a weighted line into the sea to find the depth beneath a vessel. Here it is a metaphor for attention, not a claim to measure a person's inner life scientifically.

The work holds four registers together. Structure: commitments, resources and choices. Pattern: the stories and habits that recur. Ethics: the people affected and the conditions of a fair decision. Capacity: what can actually be carried in the life you have.

Astrology and tarot are used as interpretive languages. Jungian writing, Buddhist ethics and somatic literature contribute different forms of inquiry. Agreement between readings is not independent scientific confirmation. It is material to examine alongside facts and experience.

The method does not predict events, diagnose health conditions or replace qualified advice. A symbol cannot establish another person's consent or motives. The person receiving the reading remains free to disagree.

A useful result is a clearer question, a proportionate next step and a point of review. The document should help you return to your own judgment.

Nine layers, one working question

1 / Natal environment: a selective symbolic reading of the Western chart, with its calculation settings and limits stated.

2 / Timing: selected Jyotisha techniques, kept distinct from factual deadlines and available resources.

3 / Calendar: a practical horizon with priorities, dependencies and room to revise.

4 / Tarot: a spread built for the actual decision, recorded with alternative interpretations.

5 / Shadow inquiry: possible repeated patterns checked against experience, never fixed as a diagnosis.

6 / Ethics: loving-kindness, compassion, appreciative joy and equanimity adapted into questions about the decision.

7 / Strategy: offers, money, roles and distribution grounded in practical information.

8 / Action: an owner, output, date and review point for each priority.

9 / Practice: the smallest recurring supports that help the plan remain livable.

The layers are a working sequence. New information may require going back. More material is useful only if it makes the decision clearer.

Eros is not proof. It is pressure.

Some questions arrive with unusual aliveness: creative ignition, attraction, longing, grief or the sense that a part of life has suddenly become possible. The charge deserves attention. It does not need to become an instruction.

The Eros register asks seven questions when it is relevant:

State / Where is there aliveness, without needing more intensity?

Body / What sensation can you name before giving it a story?

Symbol / What capacity might the image be asking you to practise?

Timing / What will integration require after the peak?

Shadow / What quieter task might the intensity be helping you avoid?

Relation / Is everyone free to refuse or pause, and what boundary protects that freedom?

Move / What concrete, proportionate action can enter ordinary life?

This inquiry does not require intimate disclosure or physical contact. It can be declined. The next move may be a boundary, a delay, a conversation or a refusal. Chemistry cannot replace consent.

Try one small decision

Choose a commitment that has become difficult to carry. Do not begin with the largest irreversible choice in your life.

Name the decision / What must change, who can decide and by when?

Count the ground / How many hours, how much money and which obligations are involved? Mark what you do not know.

Separate the story / What do you interpret about the situation? What facts support that interpretation, and what else could explain it?

Check the relation / Who else bears a cost? What notice, fee, credit or conversation would make the change fairer?

Choose the experiment / What small reversible action could give you useful information? Give it a limit and a date.

Review / What happened? Record the observation before explaining it. Keep, revise or stop the experiment according to what you learned.

For example, a trial handover of one clearly scoped task may teach you more about delegation than another month spent analysing why it is difficult. The interpretation can help frame the experiment; the result must still be observed.

A rhythm you can return to

A practice stack should reduce the load. Choose one way to arrive at the work, one way to stop and one short weekly review. You can add more later if more is useful.

Ask what the smallest version looks like during illness, care, travel or an interrupted week. Three written lines may be enough. Rest may be the appropriate practice. Remove what becomes another performance.

A ritual can give attention a form. It cannot send the necessary message, renegotiate a fee or complete an unfinished agreement on your behalf. Give the practice a clear relation to the action it supports.

The full Sounding reader develops this approach through the source traditions, nine layers, seven Eros gates, a multi-project planning example and working pages. It is a standalone English ebook, separate from the personalised service.

Read the preview or get the ebook (€19):
https://magiabotanica.art/sounding-monograph

Explore a personalised Sounding:
https://magiabotanica.art/the-sounding

The scope, fees, availability and terms of a commission are stated on the service page.

The island is a method.

44°22′ N / 14°42′ E

I'm Natasha Kadin. I write, record, gather plants and make things on Silba, a car-free island in the Adriatic.

Magia Botanica is where that work meets desire, myth and the practical business of having a body.

Explore the work / https://magiabotanica.art

Read the letters / https://magiabotanica.substack.com

Find the field notes / https://www.instagram.com/_magiabotanica_/

Write / magia@magiabotanica.art

© 2026 Natasha Kadin / Magia Botanica. Revised English introduction v1.3. This authored text draws on the source traditions discussed in The Sounding reader; it does not claim ownership of those traditions. You may share the link to this free guide.

Educational and reflective material. No clinical diagnosis, treatment or guaranteed outcome is offered.

Rhythm over Rush™

MAGIA BOTANICA

AFTER THE SOUND, LISTEN AGAIN.

LUNAR LETTERS

FREE. BY EMAIL.

Notes from Silba, sent with the lunar rhythm.

SCAN OR FOLLOW THE LINK

magiabotanica.substack.com/subscribe

Joining is optional. Subscribe through Substack.

Published by Magia Botanica / SEA - Silba Environment Art.