

A SEVEN-DAY PRACTICE / ENGLISH

The Magia Protocol

Make it yours



A practice becomes yours when you can use it.

Natasha Kadin · Silba · October 2026

01 / READ THE TERRAIN

Make it yours

You have gathered ideas, practices, objects and ways of looking. Magia asks what you can actually bring together in your own life. A small sequence, chosen deliberately, gives that material a form you can use and revise.

A question to carry

What am I making from what I already know?

- You have collected more practices than you have had time to use.
- You want a sequence that fits your own space and capacity.
- You are ready to choose which parts of a framework you will keep.

The figure beside this element

Magia is the ninth element of the Magia Botanica framework, the place of integration and authorship. Natasha / Nastasia names the maker within this contemporary system. Here the invitation is to make a small practice of your own, with a clear purpose and an end.

Use this guide as an optional reflective practice. An element is a starting point for attention, not a diagnosis or a fixed identity. Change position, shorten a step or stop whenever you need to.